

Respiratory Therapist Request

Status: New Request

Urgency:

Date Received:

Provider:

Referred By:

Reasons for referral/chief complaint: **Completed by referring provider**

Does this patient have a previous diagnosis of: **Completed by referring provider**

- Asthma
- COPD
- Not yet diagnosed (please select Asthma/COPD Screening below)

Referral To: Primary Care Asthma Program (PCAP) **Completed by referring provider**

Please note:

Asthma/COPD referrals require a Physician/NP referral
Smoking Cessation referrals can be completed by any provider type
For new clients, they must live in the catchment

- Asthma clinic (1hr appointment); All ages accepted, spirometry age 5+ years
- COPD clinic (1hr appointment)

Asthma clinic and COPD clinic include the following:

Spirometry:

- pre/post bronchodilator: Ventolin 4 puffs administered
- pre only: No bronchodilator

Assessment:

- examination, oximetry, and auscultation
- chief complaint and patient history

Education:

- inhaler device instruction
- aerochamber (spacer device) instruction
- resp. medication types, uses, differences, side effects, precautions
- triggers (cough, SOB, chest tightness, wheeze, allergies, smog, pets, etc.)
- Patient Action Plan and self-management
- respiratory device teaching (peak flow meters, mucus clearance devices, etc.)
- respiratory resources (handouts, informational sheets, community resources)
- assessing symptom control

- Asthma/COPD Screening - for patients who are not yet diagnosed (1hr appointment)

Pre/post spirometry, patient history, and assessment will be performed

- Smoking cessation (1hr appointment, 30min follow-up)

Smoking Cessation/Reduction includes:

- support (includes strategies, triggers, components of a cigarette, behavioural modification, harm reduction, smoking logs, workbook exercises)
- STOP program enrollment (NRT dispensing)
- group smoking cessation program (when offered)
- CO breath test

****Please Note****

1. To assess reversibility for level of impairment and patient is on puffers, please counsel patient to refrain from controller 4 days and reliever 4 hours before actual appointment, unless you determine patient breathing couldn't tolerate this.
2. It is also recommended for the patient to not drink coffee before appointment, NOT SMOKE 2 HOURS prior to test.
3. Contra-indications to spirometry: unstable cardiovascular state (recent MI <1 month), pulmonary embolism, uncontrolled HTN, recent stroke <3 months, recent eye surgery <1-2 months, hemoptysis, known aneurysm, recent pneumothorax, pregnancy, suspected TB.

Comments/special considerations: **Completed by referring provider**

Triage Details: **Completed by Respiratory Therapist**

Scheduling: **Completed by admin**

Actions: Receipt Accepted Declined Need Info Appointment Patient Confirm

Referral History: Remember Event Notify.... Add to WAIT LIST